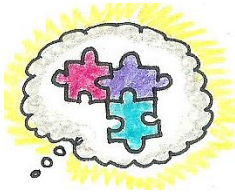


You-Nique Fashion Project



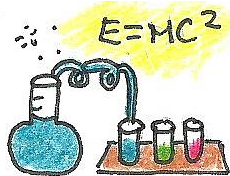
Make a one-of-a-kind shirt
Share your style with others

KEY LEARNING OUTCOMES / GOALS



EXECUTIVE FUNCTIONING SKILLS

- Design, plan and complete a project, adapt to set backs
- Collect and organize project materials
- Use materials creatively in garment making



SCIENCE

- Research / collect information from a variety of sources
- Analyze sources for effectiveness – decide which sources to use and not



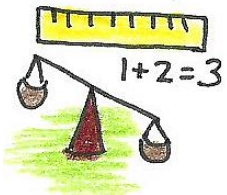
SOCIAL STUDIES

- Re-use / repurpose discarded clothing items – social consciousness



LANGUAGE / COMMUNICATION

- Document project progress using photos
- Create a video to teach others a garment pattern



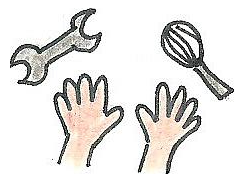
MATH

- Use measurement to create and cut out designs
- Adapt clothing to fit personal body measurements



HEALTH

- Create a unique clothing item that represents their identity
- Share project / personal interests with friends and family



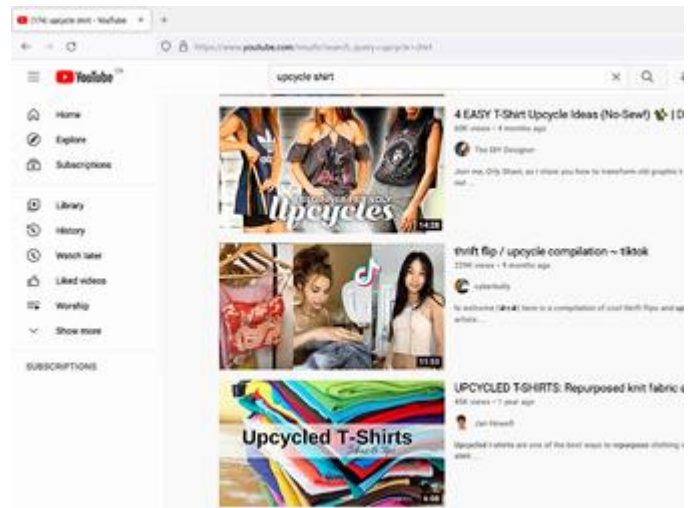
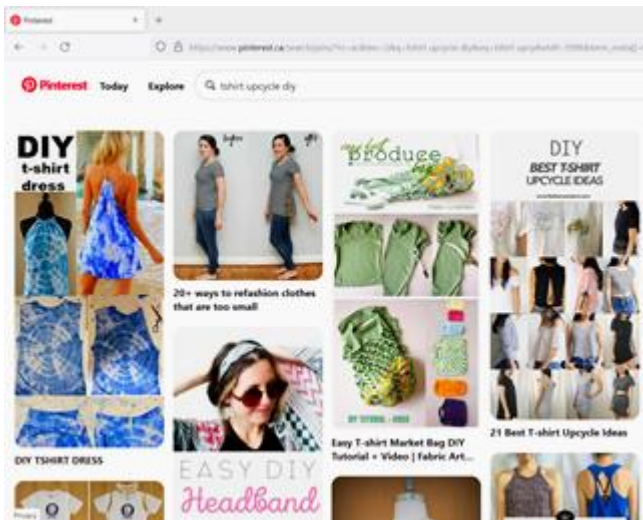
LIFE SKILLS

- Access community resources for project materials

PROJECT STEPS

Get Inspiration!

Find and bookmark upcycle ideas on [Pinterest](#), [YouTube](#) and Tic Tok



Print your ideas, and post them on your wall!



Pick Up Used T-Shirts

Great places to look:



Free groups on Facebook



Thrift Stores



Garage Sales

Practice Simple Projects

Projects so simple, all you need are scissors!



Grocery bag



Scarves



Cut out designs

Try Your Inspiration Ideas

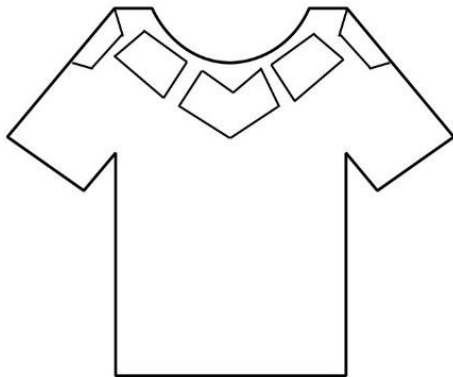
Use the patterns and tutorials you found to create the projects you loved:



Create Your Own Pattern

1. Print [template](#)

Draw your pattern idea

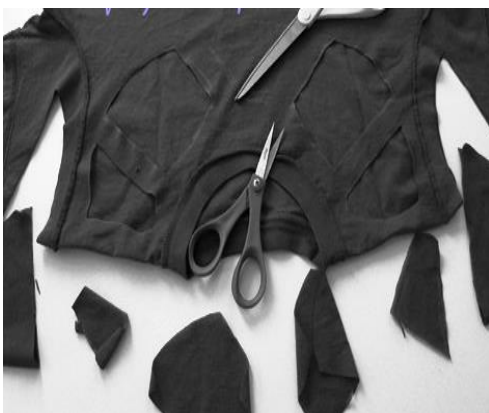


2. Draw pattern on shirt

use chalk or washable marker



3. Cut out pattern



4. Show off your creation



Share Your Pattern on Tic Tok

Make a DIY video showing how you made your t-shirt design.



Share it with others



More Ways You Can Personalize Your Clothes



[Potato Stamp patterns](#)



Draw designs with sharpie



[Iron on image transfers](#)